

2026 SYLLABUS OVERVIEW

Please consult the All England Dance genre descriptions in each section carefully to ensure dances are entered into the correct sections. (<https://all-england-dance.org.uk/competitions/syllabus/>)

Please note that the below classes may be combined or split further based on the number of entries. This will be at the discretion of the festival.

SOLOS		
<i>Any one dancer may only dance <u>once</u> in any given solo class.</i>		
GENRE /CATEGORY	AGE (on 31 st August)	TIME LIMIT
Classical Ballet Solo	Pre-Junior (Age 6 & under)	1.5 mins
Classical Ballet Solo	Junior (Ages 7 – 10 inclusive)	1.5 mins
Classical Ballet Solo	Intermediate (Ages 11 – 14 inclusive)	2 mins
Classical Ballet Solo	Senior (Ages 15 – 21 inclusive)	2 mins
Modern Ballet Solo	Intermediate* (Ages 13 – 14 inclusive)	2 mins
Modern Ballet Solo	Senior (Ages 15 – 21 inclusive)	2 mins
Character/Narrative Solo	Pre-Junior (Age 6 & under)	1.5 mins
Character/Narrative Solo	Junior (Ages 7 – 10 inclusive)	1.5 mins
Character/Narrative Solo	Intermediate (Ages 11 – 14 inclusive)	2 mins
Character/Narrative Solo	Senior (Ages 15 – 21 inclusive)	2 mins
Contemporary Solo	Intermediate* (Ages 13 – 14 inclusive)	2 mins
Contemporary Solo	Senior (Ages 15 – 21 inclusive)	2 mins
Classical Greek Solo	Pre-Junior (Age 6 & under)	1.5 mins
Classical Greek Solo	Junior (Ages 7 – 10 inclusive)	1.5 mins
Classical Greek Solo	Intermediate (Ages 11 – 14 inclusive)	2 mins
Classical Greek Solo	Senior (Ages 15 – 21 inclusive)	2 mins

SOLOS CONTINUED

Any one dancer may only dance once in any given solo class.

GENRE /CATEGORY	AGE <small>(on 31st August)</small>	TIME LIMIT
National/Global Solo	Pre-Junior <small>(Age 6 & under)</small>	1.5 mins
National/Global Solo	Junior <small>(Ages 7 – 10 inclusive)</small>	1.5 mins
National/Global Solo	Intermediate <small>(Ages 11 – 14 inclusive)</small>	2 mins
National/Global Solo	Senior <small>(Ages 15 – 21 inclusive)</small>	2 mins
Modern Solo	Pre-Junior <small>(Age 6 & under)</small>	1.5 mins
Modern Solo	Junior <small>(Ages 7 – 10 inclusive)</small>	1.5 mins
Modern Solo	Intermediate <small>(Ages 11 – 14 inclusive)</small>	2 mins
Modern Solo	Senior <small>(Ages 15 – 21 inclusive)</small>	2 mins
Lyrical Solo**	Pre-Junior** <small>(Age 6 & under)</small>	1.5 mins
Lyrical Solo**	Junior** <small>(Ages 7 – 10 inclusive)</small>	1.5 mins
Lyrical Solo	Intermediate <small>(Ages 11 – 14 inclusive)</small>	2 mins
Lyrical Solo	Senior <small>(Ages 15 – 21 inclusive)</small>	2 mins
Tap Solo	Pre-Junior <small>(Age 6 & under)</small>	1.5 mins
Tap Solo	Junior <small>(Ages 7 – 10 inclusive)</small>	1.5 mins
Tap Solo	Intermediate <small>(Ages 11 – 14 inclusive)</small>	2 mins
Tap Solo	Senior <small>(Ages 15 – 21 inclusive)</small>	2 mins
Musical Theatre Solo	Pre-Junior <small>(Age 6 & under)</small>	2 mins
Musical Theatre Solo	Junior <small>(Ages 7 – 10 inclusive)</small>	2 mins
Musical Theatre Solo	Intermediate <small>(Ages 11 – 14 inclusive)</small>	2.5 mins
Musical Theatre Solo	Senior <small>(Ages 15 – 21 inclusive)</small>	2.5mins

Notes for Qualifying years:

****Please note that there are no Pre-Junior and Junior Lyrical categories at All England Finals, so if a dance qualifies in this section it will have to be entered in the Modern category at Regionals/Finals level. Please see All England guidance for more details: <https://all-england-dance.org.uk/competitions/syllabus/>**

DUETS

Any one dancer may only dance twice in any given duet class.

GENRE /CATEGORY	AGE (on 31 st August)	TIME LIMIT
Classical Ballet Duets	Pre-Junior (Age 7 & under)	2.5 mins
Classical Ballet Duets	Junior (Ages 8 - 10 inclusive)	2.5 mins
Classical Ballet Duets	Intermediate (Ages 11 - 14 inclusive)	2.5 mins
Classical Ballet Duets	Senior (Ages 15 - 18 inclusive)	2.5 mins
Combined Classical Duets	Pre-Junior (Age 7 & under)	2.5 mins
Combined Classical Duets	Junior (Ages 8 - 10 inclusive)	2.5 mins
Combined Classical Duets	Intermediate (Ages 11 - 14 inclusive)	2.5 mins
Combined Classical Duets	Senior (Ages 15 - 18 inclusive)	2.5 mins
Contemporary Duets	Intermediate* (Ages 13 - 14 inclusive)	2.5 mins
Contemporary Duets	Senior (Ages 15 - 18 inclusive)	2.5 mins
Modern Duets	Pre-Junior (Age 7 & under)	2.5 mins
Modern Duets	Junior (Ages 8 - 10 inclusive)	2.5 mins
Modern Duets	Intermediate (Ages 11 - 14 inclusive)	2.5 mins
Modern Duets	Senior (Ages 15 - 18 inclusive)	2.5 mins
Lyrical Duets	Pre-Junior (Age 7 & under)	2.5 mins
Lyrical Duets	Junior (Ages 8 - 10 inclusive)	2.5 mins
Lyrical Duets	Intermediate (Ages 11 - 14 inclusive)	2.5 mins
Lyrical Duets	Senior (Ages 15 - 18 inclusive)	2.5 mins
Tap Duets	Pre-Junior (Age 7 & under)	2.5 mins
Tap Duets	Junior (Ages 8 - 10 inclusive)	2.5 mins
Tap Duets	Intermediate (Ages 11 - 14 inclusive)	2.5 mins
Tap Duets	Senior (Ages 15 - 18 inclusive)	2.5 mins

DUETS CONTINUED

Any one dancer may only dance twice in any given duet class.

GENRE /CATEGORY	AGE (on 31 st August)	TIME LIMIT
Musical Theatre Duets	Pre-Junior (Age 7 & under)	3 mins
Musical Theatre Duets	Junior (Ages 8 – 10 inclusive)	3 mins
Musical Theatre Duets	Intermediate (Ages 11 – 14 inclusive)	3 mins
Musical Theatre Duets	Senior (Ages 15 – 18 inclusive)	3 mins

TRIOS & QUARTETS

Any one dancer may only dance twice in any given trio/quartet class.

GENRE /CATEGORY	AGE (on 31 st August)	TIME LIMIT
Classical Ballet Trio/Quartets	Pre-Junior (Age 7 & under)	2.5 mins
Classical Ballet Trio/Quartets	Junior (Ages 8 – 10 inclusive)	2.5 mins
Classical Ballet Trio/Quartets	Intermediate (Ages 11 – 14 inclusive)	2.5 mins
Classical Ballet Trio/Quartets	Senior (Ages 15 – 18 inclusive)	2.5 mins
Combined Classical Trio/Quartets	Pre-Junior (Age 7 & under)	2.5 mins
Combined Classical Trio/Quartets	Junior (Ages 8 – 10 inclusive)	2.5 mins
Combined Classical Trio/Quartets	Intermediate (Ages 11 – 14 inclusive)	2.5 mins
Combined Classical Trio/Quartets	Senior (Ages 15 – 18 inclusive)	2.5 mins
Contemporary Trio/Quartets	Intermediate* (Ages 13 – 14 inclusive)	2.5 mins
Contemporary Trio/Quartets	Senior (Ages 15 – 18 inclusive)	2.5 mins
Modern Trio/Quartets	Pre-Junior (Age 7 & under)	2.5 mins
Modern Trio/Quartets	Junior (Ages 8 – 10 inclusive)	2.5 mins
Modern Trio/Quartets	Intermediate (Ages 11 – 14 inclusive)	2.5 mins
Modern Trio/Quartets	Senior (Ages 15 – 18 inclusive)	2.5 mins

TRIOS & QUARTETS CONTINUED

Any one dancer may only dance twice in any given trio/quartet class.

GENRE /CATEGORY	AGE <small>(on 31st August)</small>	TIME LIMIT
Lyrical Trio/Quartets	Pre-Junior <small>(Age 7 & under)</small>	2.5 mins
Lyrical Trio/Quartets	Junior <small>(Ages 8 – 10 inclusive)</small>	2.5 mins
Lyrical Trio/Quartets	Intermediate <small>(Ages 11 – 14 inclusive)</small>	2.5 mins
Lyrical Trio/Quartets	Senior <small>(Ages 15 – 18 inclusive)</small>	2.5 mins
Tap Trio/Quartets	Pre-Junior <small>(Age 7 & under)</small>	2.5 mins
Tap Trio/Quartets	Junior <small>(Ages 8 – 10 inclusive)</small>	2.5 mins
Tap Trio/Quartets	Intermediate <small>(Ages 11 – 14 inclusive)</small>	2.5 mins
Tap Trio/Quartets	Senior <small>(Ages 15 – 18 inclusive)</small>	2.5 mins
Musical Theatre Trio/Quartets	Pre-Junior <small>(Age 7 & under)</small>	3 mins
Musical Theatre Trio/Quartets	Junior <small>(Ages 8 – 10 inclusive)</small>	3 mins
Musical Theatre Trio/Quartets	Intermediate <small>(Ages 11 – 14 inclusive)</small>	3 mins
Musical Theatre Trio/Quartets	Senior <small>(Ages 15 – 18 inclusive)</small>	3 mins

SMALL GROUPS

A minimum of 5 and a maximum of 10 dancers constitutes a small group.

Schools may enter twice in their age group for each dance technique in small group classes

GENRE /CATEGORY	AGE <small>(on 31st August)</small>	TIME LIMIT
Classical Small Group	Junior <small>(Ages 10 & under)</small>	3 mins
Classical Small Group	Intermediate <small>(Ages 11 – 14 inclusive)</small>	3 mins
Classical Small Group	Senior <small>(Ages 15 – 18 inclusive)</small>	3 mins

SMALL GROUPS CONTINUED

A minimum of 5 and a maximum of 10 dancers constitutes a small group.

Schools may enter twice in their age group for each dance technique in small group classes

GENRE /CATEGORY	AGE (on 31 st August)	TIME LIMIT
Modern, Lyrical & Contemporary Small Group	Junior (Ages 10 & under)	3 mins
Modern, Lyrical & Contemporary Small Group	Intermediate (Ages 11 – 14 inclusive)	3 mins
Modern, Lyrical & Contemporary Small Group	Senior (Ages 15 – 18 inclusive)	3 mins
Tap Small Group	Junior (Ages 10 & under)	3 mins
Tap Small Group	Intermediate (Ages 11 – 14 inclusive)	3 mins
Tap Small Group	Senior (Ages 15 – 18 inclusive)	3 mins
Musical Theatre Small Group	Junior (Ages 10 & under)	3.5 mins
Musical Theatre Small Group	Intermediate (Ages 11 – 14 inclusive)	3.5 mins
Musical Theatre Small Group	Senior (Ages 15 – 18 inclusive)	3.5 mins
Open Small Group	Junior (Ages 10 & under)	3 mins
Open Small Group	Intermediate (Ages 11 – 14 inclusive)	3 mins
Open Small Group	Senior (Ages 15 – 18 inclusive)	3 mins

LARGE GROUPS

A minimum of 11 and a maximum of 30 dancers constitutes a small group.

Schools may enter twice in their age group for each dance technique in large group classes

GENRE /CATEGORY	AGE (on 31 st August)	TIME LIMIT
Classical Large Group	Junior (Ages 10 & under)	4 mins
Classical Large Group	Intermediate (Ages 11 – 14 inclusive)	4 mins
Classical Large Group	Senior (Ages 15 – 18 inclusive)	4 mins

LARGE GROUPS CONTINUED

A minimum of 11 and a maximum of 30 dancers constitutes a small group.

Schools may enter twice in their age group for each dance technique in large group classes

GENRE /CATEGORY	AGE (on 31 st August)	TIME LIMIT
Modern, Lyrical & Contemporary Large Group	Junior (Ages 10 & under)	4 mins
Modern, Lyrical & Contemporary Large Group	Intermediate (Ages 11 – 14 inclusive)	4 mins
Modern, Lyrical & Contemporary Large Group	Senior (Ages 15 – 18 inclusive)	4 mins
Tap Large Group	Junior (Ages 10 & under)	4 mins
Tap Large Group	Intermediate (Ages 11 – 14 inclusive)	4 mins
Tap Large Group	Senior (Ages 15 – 18 inclusive)	4 mins
Musical Theatre Large Group	Junior (Ages 10 & under)	4.5 mins
Musical Theatre Large Group	Intermediate (Ages 11 – 14 inclusive)	4.5 mins
Musical Theatre Large Group	Senior (Ages 15 – 18 inclusive)	4.5 mins
Open Large Group	Junior (Ages 10 & under)	4 mins
Open Large Group	Intermediate (Ages 11 – 14 inclusive)	4 mins
Open Large Group	Senior (Ages 15 – 18 inclusive)	4 mins

CENTRE STAGE SPOTLIGHT SERIES

*These are live choreography and performance categories, offering dancers the opportunity to learn and perform a routine choreographed and delivered by an industry expert during the festival.
Competitors must have danced in at least one other category in the festival to be eligible for the Spotlight Series.*

GENRE /CATEGORY	AGE (on 31 st August)	TIME LIMIT
Centre Stage Spotlight Series	Pre-Junior (Age 6 & under)	N/A
Centre Stage Spotlight Series	Junior (Ages 7 - 10 inclusive)	N/A
Centre Stage Spotlight Series	Intermediate (Ages 11 - 14 inclusive)	N/A
Centre Stage Spotlight Series	Senior (Ages 15 - 18 inclusive)	N/A

CENTRE STAGE ELITE PERFORMER

The Centre Stage Elite Performer category is for dancers aged 13 and over. Chosen dances can be up to 3 minutes long and can be in any dance genre. A dance from a solo category can be entered again in this section if preferred. Competitors must have danced in at least one other category in the festival to enter the Elite Performer category.

GENRE /CATEGORY	AGE (on 31 st August)	TIME LIMIT
Centre Stage Elite Performer	Ages 13 - 18 (inclusive)	3 mins