

# 2026 SYLLABUS OVERVIEW

Please consult the All England Dance genre descriptions in each section carefully to ensure dances are entered into the correct sections. (<https://all-england-dance.org.uk/competitions/syllabus/>)

*Please note that the below classes may be combined or split further based on the number of entries. This will be at the discretion of the festival.*

| <b>SOLOS</b>  |   |            |
|---|---|------------|
| <i>Any one dancer may only dance <u>once</u> in any given solo class.</i> |   |            |
| GENRE /CATEGORY   | AGE<br>(on 31 <sup>st</sup> August)       | TIME LIMIT |
| Classical Ballet Solo   | Pre-Junior<br>(Age 6 & under)             | 1.5 mins   |
| Classical Ballet Solo   | Junior<br>(Ages 7 – 10 inclusive)         | 1.5 mins   |
| Classical Ballet Solo   | Intermediate<br>(Ages 11 – 14 inclusive)  | 2 mins     |
| Classical Ballet Solo   | Senior<br>(Ages 15 – 21 inclusive)        | 2 mins     |
| Modern Ballet Solo  | Intermediate*<br>(Ages 13 – 14 inclusive) | 2 mins     |
| Modern Ballet Solo  | Senior<br>(Ages 15 – 21 inclusive)        | 2 mins     |
| Character/Narrative Solo  | Pre-Junior<br>(Age 6 & under)             | 1.5 mins   |
| Character/Narrative Solo  | Junior<br>(Ages 7 – 10 inclusive)         | 1.5 mins   |
| Character/Narrative Solo  | Intermediate<br>(Ages 11 – 14 inclusive)  | 2 mins     |
| Character/Narrative Solo  | Senior<br>(Ages 15 – 21 inclusive)        | 2 mins     |
| Contemporary Solo   | Intermediate*<br>(Ages 13 – 14 inclusive) | 2 mins     |
| Contemporary Solo   | Senior<br>(Ages 15 – 21 inclusive)        | 2 mins     |
| Classical Greek Solo  | Pre-Junior<br>(Age 6 & under)             | 1.5 mins   |
| Classical Greek Solo  | Junior<br>(Ages 7 – 10 inclusive)         | 1.5 mins   |
| Classical Greek Solo  | Intermediate<br>(Ages 11 – 14 inclusive)  | 2 mins     |
| Classical Greek Solo  | Senior<br>(Ages 15 – 21 inclusive)        | 2 mins     |

## SOLOS CONTINUED

*Any one dancer may only dance once in any given solo class.*

| GENRE /CATEGORY      | AGE<br><small>(on 31<sup>st</sup> August)</small>       | TIME LIMIT |
|----------------------|---|------------|
| National/Global Solo | Pre-Junior<br><small>(Age 6 &amp; under)</small>        | 1.5 mins   |
| National/Global Solo | Junior<br><small>(Ages 7 – 10 inclusive)</small>        | 1.5 mins   |
| National/Global Solo | Intermediate<br><small>(Ages 11 – 14 inclusive)</small> | 2 mins     |
| National/Global Solo | Senior<br><small>(Ages 15 – 21 inclusive)</small>       | 2 mins     |
| Modern Solo          | Pre-Junior<br><small>(Age 6 &amp; under)</small>        | 1.5 mins   |
| Modern Solo          | Junior<br><small>(Ages 7 – 10 inclusive)</small>        | 1.5 mins   |
| Modern Solo          | Intermediate<br><small>(Ages 11 – 14 inclusive)</small> | 2 mins     |
| Modern Solo          | Senior<br><small>(Ages 15 – 21 inclusive)</small>       | 2 mins     |
| Lyrical Solo**       | Pre-Junior**<br><small>(Age 6 &amp; under)</small>      | 1.5 mins   |
| Lyrical Solo**       | Junior**<br><small>(Ages 7 – 10 inclusive)</small>      | 1.5 mins   |
| Lyrical Solo         | Intermediate<br><small>(Ages 11 – 14 inclusive)</small> | 2 mins     |
| Lyrical Solo         | Senior<br><small>(Ages 15 – 21 inclusive)</small>       | 2 mins     |
| Tap Solo             | Pre-Junior<br><small>(Age 6 &amp; under)</small>        | 1.5 mins   |
| Tap Solo             | Junior<br><small>(Ages 7 – 10 inclusive)</small>        | 1.5 mins   |
| Tap Solo             | Intermediate<br><small>(Ages 11 – 14 inclusive)</small> | 2 mins     |
| Tap Solo             | Senior<br><small>(Ages 15 – 21 inclusive)</small>       | 2 mins     |
| Musical Theatre Solo | Pre-Junior<br><small>(Age 6 &amp; under)</small>        | 2 mins     |
| Musical Theatre Solo | Junior<br><small>(Ages 7 – 10 inclusive)</small>        | 2 mins     |
| Musical Theatre Solo | Intermediate<br><small>(Ages 11 – 14 inclusive)</small> | 2.5 mins   |
| Musical Theatre Solo | Senior<br><small>(Ages 15 – 21 inclusive)</small>       | 2.5mins    |

**Notes for Qualifying years:**

\*\*Please note that there are no Pre-Junior and Junior Lyrical categories at All England Finals, so if a dance qualifies in this section it will have to be entered in the Modern category at Regionals/Finals level. Please see All England guidance for more details: <https://all-england-dance.org.uk/competitions/syllabus/>

## DUETS

*Any one dancer may only dance twice in any given duet class.*

| GENRE /CATEGORY          | AGE<br>(on 31 <sup>st</sup> August)       | TIME LIMIT |
|--------------------------|---|------------|
| Classical Ballet Duets   | Pre-Junior<br>(Age 6 & under)             | 2.5 mins   |
| Classical Ballet Duets   | Junior<br>(Ages 7 - 10 inclusive)         | 2.5 mins   |
| Classical Ballet Duets   | Intermediate<br>(Ages 11 - 14 inclusive)  | 2.5 mins   |
| Classical Ballet Duets   | Senior<br>(Ages 15 - 18 inclusive)        | 2.5 mins   |
| Combined Classical Duets | Pre-Junior<br>(Age 6 & under)             | 2.5 mins   |
| Combined Classical Duets | Junior<br>(Ages 7 - 10 inclusive)         | 2.5 mins   |
| Combined Classical Duets | Intermediate<br>(Ages 11 - 14 inclusive)  | 2.5 mins   |
| Combined Classical Duets | Senior<br>(Ages 15 - 18 inclusive)        | 2.5 mins   |
| Contemporary Duets       | Intermediate*<br>(Ages 13 - 14 inclusive) | 2.5 mins   |
| Contemporary Duets       | Senior<br>(Ages 15 - 18 inclusive)        | 2.5 mins   |
| Modern Duets             | Pre-Junior<br>(Age 6 & under)             | 2.5 mins   |
| Modern Duets             | Junior<br>(Ages 7 - 10 inclusive)         | 2.5 mins   |
| Modern Duets             | Intermediate<br>(Ages 11 - 14 inclusive)  | 2.5 mins   |
| Modern Duets             | Senior<br>(Ages 15 - 18 inclusive)        | 2.5 mins   |
| Lyrical Duets            | Pre-Junior<br>(Age 6 & under)             | 2.5 mins   |
| Lyrical Duets            | Junior<br>(Ages 7 - 10 inclusive)         | 2.5 mins   |
| Lyrical Duets            | Intermediate<br>(Ages 11 - 14 inclusive)  | 2.5 mins   |
| Lyrical Duets            | Senior<br>(Ages 15 - 18 inclusive)        | 2.5 mins   |
| Tap Duets                | Pre-Junior<br>(Age 6 & under)             | 2.5 mins   |
| Tap Duets                | Junior<br>(Ages 7 - 10 inclusive)         | 2.5 mins   |
| Tap Duets                | Intermediate<br>(Ages 11 - 14 inclusive)  | 2.5 mins   |
| Tap Duets                | Senior<br>(Ages 15 - 18 inclusive)        | 2.5 mins   |

## DUETS CONTINUED

*Any one dancer may only dance twice in any given duet class.*

| GENRE /CATEGORY       | AGE<br>(on 31 <sup>st</sup> August)      | TIME LIMIT |
|-----------------------|--|------------|
| Musical Theatre Duets | Pre-Junior<br>(Age 6 & under)            | 3 mins     |
| Musical Theatre Duets | Junior<br>(Ages 7 – 10 inclusive)        | 3 mins     |
| Musical Theatre Duets | Intermediate<br>(Ages 11 – 14 inclusive) | 3 mins     |
| Musical Theatre Duets | Senior<br>(Ages 15 – 18 inclusive)       | 3 mins     |

## TRIOS & QUARTETS

*Any one dancer may only dance twice in any given trio/quartet class.*

| GENRE /CATEGORY                  | AGE<br>(on 31 <sup>st</sup> August)       | TIME LIMIT |
|----------------------------------|---|------------|
| Classical Ballet Trio/Quartets   | Pre-Junior<br>(Age 6 & under)             | 2.5 mins   |
| Classical Ballet Trio/Quartets   | Junior<br>(Ages 7 – 10 inclusive)         | 2.5 mins   |
| Classical Ballet Trio/Quartets   | Intermediate<br>(Ages 11 – 14 inclusive)  | 2.5 mins   |
| Classical Ballet Trio/Quartets   | Senior<br>(Ages 15 – 18 inclusive)        | 2.5 mins   |
| Combined Classical Trio/Quartets | Pre-Junior<br>(Age 6 & under)             | 2.5 mins   |
| Combined Classical Trio/Quartets | Junior<br>(Ages 7 – 10 inclusive)         | 2.5 mins   |
| Combined Classical Trio/Quartets | Intermediate<br>(Ages 11 – 14 inclusive)  | 2.5 mins   |
| Combined Classical Trio/Quartets | Senior<br>(Ages 15 – 18 inclusive)        | 2.5 mins   |
| Contemporary Trio/Quartets       | Intermediate*<br>(Ages 13 – 14 inclusive) | 2.5 mins   |
| Contemporary Trio/Quartets       | Senior<br>(Ages 15 – 18 inclusive)        | 2.5 mins   |
| Modern<br>Trio/Quartets          | Pre-Junior<br>(Age 6 & under)             | 2.5 mins   |
| Modern<br>Trio/Quartets          | Junior<br>(Ages 7 – 10 inclusive)         | 2.5 mins   |
| Modern<br>Trio/Quartets          | Intermediate<br>(Ages 11 – 14 inclusive)  | 2.5 mins   |
| Modern<br>Trio/Quartets          | Senior<br>(Ages 15 – 18 inclusive)        | 2.5 mins   |

## TRIOS & QUARTETS CONTINUED

*Any one dancer may only dance twice in any given trio/quartet class.*

| GENRE /CATEGORY               | AGE<br>(on 31 <sup>st</sup> August)      | TIME LIMIT |
|-------------------------------|--|------------|
| Lyrical<br>Trio/Quartets      | Pre-Junior<br>(Age 6 & under)            | 2.5 mins   |
| Lyrical<br>Trio/Quartets      | Junior<br>(Ages 7 - 10 inclusive)        | 2.5 mins   |
| Lyrical<br>Trio/Quartets      | Intermediate<br>(Ages 11 - 14 inclusive) | 2.5 mins   |
| Lyrical<br>Trio/Quartets      | Senior<br>(Ages 15 - 18 inclusive)       | 2.5 mins   |
| Tap Trio/Quartets             | Pre-Junior<br>(Age 6 & under)            | 2.5 mins   |
| Tap Trio/Quartets             | Junior<br>(Ages 7 - 10 inclusive)        | 2.5 mins   |
| Tap Trio/Quartets             | Intermediate<br>(Ages 11 - 14 inclusive) | 2.5 mins   |
| Tap Trio/Quartets             | Senior<br>(Ages 15 - 18 inclusive)       | 2.5 mins   |
| Musical Theatre Trio/Quartets | Pre-Junior<br>(Age 6 & under)            | 3 mins     |
| Musical Theatre Trio/Quartets | Junior<br>(Ages 7 - 10 inclusive)        | 3 mins     |
| Musical Theatre Trio/Quartets | Intermediate<br>(Ages 11 - 14 inclusive) | 3 mins     |
| Musical Theatre Trio/Quartets | Senior<br>(Ages 15 - 18 inclusive)       | 3 mins     |

## SMALL GROUPS

*A minimum of 5 and a maximum of 10 dancers constitutes a small group.*

*Schools may enter twice in their age group for each dance technique in small group classes*

| GENRE /CATEGORY          | AGE<br>(on 31 <sup>st</sup> August)      | TIME LIMIT |
|--------------------------|--|------------|
| Classical<br>Small Group | Junior<br>(Ages 10 & under)              | 3 mins     |
| Classical<br>Small Group | Intermediate<br>(Ages 11 - 14 inclusive) | 3 mins     |
| Classical<br>Small Group | Senior<br>(Ages 15 - 18 inclusive)       | 3 mins     |

### SMALL GROUPS CONTINUED

*A minimum of 5 and a maximum of 10 dancers constitutes a small group.*

*Schools may enter twice in their age group for each dance technique in small group classes*

| GENRE /CATEGORY                               | AGE<br>(on 31 <sup>st</sup> August)      | TIME LIMIT |
|---|--|------------|
| Modern, Lyrical & Contemporary<br>Small Group | Junior<br>(Ages 10 & under)              | 3 mins     |
| Modern, Lyrical & Contemporary<br>Small Group | Intermediate<br>(Ages 11 – 14 inclusive) | 3 mins     |
| Modern, Lyrical & Contemporary<br>Small Group | Senior<br>(Ages 15 – 18 inclusive)       | 3 mins     |
| Tap<br>Small Group                            | Junior<br>(Ages 10 & under)              | 3 mins     |
| Tap<br>Small Group                            | Intermediate<br>(Ages 11 – 14 inclusive) | 3 mins     |
| Tap<br>Small Group                            | Senior<br>(Ages 15 – 18 inclusive)       | 3 mins     |
| Musical Theatre<br>Small Group                | Junior<br>(Ages 10 & under)              | 3.5 mins   |
| Musical Theatre<br>Small Group                | Intermediate<br>(Ages 11 – 14 inclusive) | 3.5 mins   |
| Musical Theatre<br>Small Group                | Senior<br>(Ages 15 – 18 inclusive)       | 3.5 mins   |
| Open<br>Small Group                           | Junior<br>(Ages 10 & under)              | 3 mins     |
| Open<br>Small Group                           | Intermediate<br>(Ages 11 – 14 inclusive) | 3 mins     |
| Open<br>Small Group                           | Senior<br>(Ages 15 – 18 inclusive)       | 3 mins     |

### LARGE GROUPS

*A minimum of 11 and a maximum of 30 dancers constitutes a small group.*

*Schools may enter twice in their age group for each dance technique in large group classes*

| GENRE /CATEGORY          | AGE<br>(on 31 <sup>st</sup> August)      | TIME LIMIT |
|--------------------------|--|------------|
| Classical<br>Large Group | Junior<br>(Ages 10 & under)              | 4 mins     |
| Classical<br>Large Group | Intermediate<br>(Ages 11 – 14 inclusive) | 4 mins     |
| Classical<br>Large Group | Senior<br>(Ages 15 – 18 inclusive)       | 4 mins     |

## LARGE GROUPS CONTINUED

*A minimum of 11 and a maximum of 30 dancers constitutes a small group.*

*Schools may enter twice in their age group for each dance technique in large group classes*

| GENRE /CATEGORY                               | AGE<br>(on 31 <sup>st</sup> August)      | TIME LIMIT |
|---|--|------------|
| Modern, Lyrical & Contemporary<br>Large Group | Junior<br>(Ages 10 & under)              | 4 mins     |
| Modern, Lyrical & Contemporary<br>Large Group | Intermediate<br>(Ages 11 – 14 inclusive) | 4 mins     |
| Modern, Lyrical & Contemporary<br>Large Group | Senior<br>(Ages 15 – 18 inclusive)       | 4 mins     |
| Tap<br>Large Group                            | Junior<br>(Ages 10 & under)              | 4 mins     |
| Tap<br>Large Group                            | Intermediate<br>(Ages 11 – 14 inclusive) | 4 mins     |
| Tap<br>Large Group                            | Senior<br>(Ages 15 – 18 inclusive)       | 4 mins     |
| Musical Theatre<br>Large Group                | Junior<br>(Ages 10 & under)              | 4.5 mins   |
| Musical Theatre<br>Large Group                | Intermediate<br>(Ages 11 – 14 inclusive) | 4.5 mins   |
| Musical Theatre<br>Large Group                | Senior<br>(Ages 15 – 18 inclusive)       | 4.5 mins   |
| Open<br>Large Group                           | Junior<br>(Ages 10 & under)              | 4 mins     |
| Open<br>Large Group                           | Intermediate<br>(Ages 11 – 14 inclusive) | 4 mins     |
| Open<br>Large Group                           | Senior<br>(Ages 15 – 18 inclusive)       | 4 mins     |

### CENTRE STAGE SPOTLIGHT SERIES

*These are live choreography and performance categories, offering dancers the opportunity to learn and perform a routine choreographed and delivered by an industry expert during the festival.*

*Competitors must have danced in at least one other category in the festival to be eligible for the Spotlight Series.*

| GENRE /CATEGORY               | AGE<br>(on 31 <sup>st</sup> August)      | TIME LIMIT |
|-------------------------------|--|------------|
| Centre Stage Spotlight Series | Pre-Junior<br>(Age 6 & under)            | N/A        |
| Centre Stage Spotlight Series | Junior<br>(Ages 7 - 10 inclusive)        | N/A        |
| Centre Stage Spotlight Series | Intermediate<br>(Ages 11 - 14 inclusive) | N/A        |
| Centre Stage Spotlight Series | Senior<br>(Ages 15 - 18 inclusive)       | N/A        |

### CENTRE STAGE ELITE PERFORMER

*The Centre Stage Elite Performer category is for dancers aged 13 and over. Chosen dances can be up to 3 minutes long and can be in any dance genre. A dance from a solo category can be entered again in this section if preferred. Competitors must have danced in at least one other category in the festival to enter the Elite Performer category.*

| GENRE /CATEGORY              | AGE<br>(on 31 <sup>st</sup> August) | TIME LIMIT |
|------------------------------|-------------------------------------|------------|
| Centre Stage Elite Performer | Ages 13 - 18 (inclusive)            | 3 mins     |